

Peggy Seegers Senior Center Program Calendar

APRIL 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 9:00am Senior Games Opening Ceremony Painting Group 8:30 am Wages Grab & Go Meals Fitness Room Time Slots Billiards Room Time Slots	2 CLOSED GOOD FRIDAY HAPPY EASTER
5 Tone & Tighten 9:30 am Zoom Or in-person Computer Room Time Slots	6 7 Arthritis Class 9:30 am Fitness Room Time Slots Billiard Room Time Slots Crochet/Knitting Group 1:00pm	7 ZOOM / or In-person Group Exercise 9:30am Computer Room Time Slots	8 Painting Group 8:30am Arthritis Class 9:30 am Fitness Room Time Slots Billiards Room Time Slots Wages Grab & Go Meals	9 Line Dance Inter 9:15 am Cardio Exercise 10:30 am Intermediate Tap 11:30 am Beginner Tap 12:30 pm Corn Hole Time Slots Fitness Room Time Slots
12 Tone & Tighten 9:30 am Zoom Or in-person Computer Room Time Slots	13 Arthritis Class 9:30 am Hiking Group 2:00 pm Billiard Room Time Slots Crochet/Knitting Group 1:00pm Fitness Room Time Slots	14 ZOOM / or In-person Group Exercise 9:30am Computer Room Time Slots	15 Painting Group 8:30am Arthritis Class 9:30 am Fitness Room Time Slots Billiards Room Time Slots Wages Grab & Go Meals	16 Senior Games Shuffleboard Men 9:00am Women 70+ 10:00am Women 50-69 11:00am Fitness Room Time Slots
19 Tone & Tighten 9:30 am Zoom Or in-person Computer Room Time Slots	20 21 Arthritis Class 9:30 am Fitness Room Time Slots Billiard Room Time Slots Crochet/Knitting Group 1:00pm	21 ZOOM / or In-person Group Exercise 9:30am Computer Room Time Slots	22 Painting Group 8:30am Arthritis Class 9:30 am Fitness Room Time Slots Billiards Room Time Slots Wages Grab & Go Meals	23 Line Dance Inter 9:15 am Cardio Exercise 10:30 am Intermediate Tap 11:30 am Beginner Tap 12:30 pm Corn Hole Time Slots Fitness Room Time Slots
26 Tone & Tighten 9:30 am Zoom Or In-person Computer Room Time Slots	27 Arthritis Class 9:30 am Fitness Room Time Slots Walking Group 2:00pm Billiard Room Time Slots Crochet/Knitting Group 1:00pm	28 9:00am Senior Games Billiards ZOOM / or In-person Group Exercise 9:30am Computer Room Time Slots	29 Painting Group 8:30am Arthritis Class 9:30 am Fitness Room Time Slots Billiards Room Time Slots Wages Grab & Go Meals	30 Line Dance Inter 9:15 am Cardio Exercise 10:30 am Intermediate Tap 11:30 am Beginner Tap 12:30 pm Corn Hole Time Slots Fitness Room Time Slots

Special Events for April 2021

SPECIAL EVENTS AND ADJUSTED ACTIVITIES FOR COVID

TITLE	DATE	TIME	DESCRIPTION
Senior Games Opening Ceremony	April 1, 2021	9:00am	Please join us for the Senior Games Opening Ceremony. For more information contact Goldsboro Parks and Recreation at 919-739-7486.
Silver Arts Follies-Paramount Theatre	April 5, 2021		This is a virtual event. * See our April Newsletter for additional information.
Food Bank	April 13, 2021	10:30am-11:30am	Application approval is required. Applications can be picked up at the Peggy Seegars Senior Center. Location is subject to change.
Senior Games Shuffleboard	April 16, 2021	9:00am-Men 10:00am-Women 70+ 11:00am-Women 50-69	
Senior Games Billiards	April 28, 2021	9:00am	
Wayne Community Sewing Class	April 6-May 11, 2021	12:30-4:30 pm	Students design and sew individual projects. For more information call Lisa Newkirk at 919-739-6931.
WAGES Grab & Go Frozen Meals	Thursday's in April	10:30am-11:30am	Call Wages to register-919-580-1790.

See other side for Daily Activity Calendar!