

Peggy Seegers Senior Center Program Calendar

MARCH 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. 9:30am ZOOM Tone & Tighten 10:00am Beginner Tap	2. Fitness Room-call for time slot Senior Games Billiards Practice Call for time slot	3. 9:30am ZOOM/In-Person Group Exercise 10:00am Bible Study 11:00 Arthritis Class	4. Fitness Room-call for time slot Senior Games Billiards Practice Call for time slot Wages Grab & Go Meals	5. 9:30am Line Dance 11:00am Arthritis Class 1:00pm Intermediate Tap Senior Games Corn Hole Practice
8. 9:30am ZOOM Tone & Tighten 10:00am Beginner Tap 2:00pm ZOOM Take & Make Craft Kit with Freda	9. Fitness Room-call for time slot Senior Games Billiards Practice Call for time slot. Food Bank	10. 9:30am ZOOM/In-Person Group Exercise 10:00am Bible Study 11:00 Arthritis Class	11. Fitness Room-call for time slot Senior Games Billiards Practice Call for time slot Wages Grab & Go Meals	12. 9:30am Line Dance 11:00am Arthritis Class 1:00pm Intermediate Tap Senior Games Corn Hole Practice
15. 9:30am ZOOM Tone & Tighten 10:00am Beginner Tap 2:30pm Hiking Group	16. Fitness Room-call for time slot Senior Games Billiards Practice Call for time slot	17. 9:30am ZOOM/In-Person Group Exercise 10:00am Bible Study 11:00 Arthritis Class	18. Fitness Room-call for time slot Senior Games Billiards Practice Call for time slot Wages Grab & Go Meals	19. 9:30am Line Dance 11:00am Arthritis Class 1:00pm Intermediate Tap Senior Games Corn Hole Practice
22. 9:30am ZOOM Tone & Tighten 10:00am Beginner Tap	23. Fitness Room-call for time slot Senior Games Billiards Practice Call for time slot	24. 9:30am ZOOM/In-Person Group Exercise 10:00am Bible Study 11:00 Arthritis Class	25. Fitness Room-call for time slot Senior Games Billiards Practice Call for time slot Wages Grab & Go Meals	26. 9:30am Line Dance 11:00am Arthritis Class 1:00pm Intermediate Tap Senior Games Corn Hole Practice
29. 9:30am ZOOM Tone & Tighten 10:00am Beginner Tap 2:00pm Crafting with Freda	30. Fitness Room-call for time slot Senior Games Billiards Practice Call for time slot	31. 9:30am ZOOM/In-Person Group Exercise 10:00am Bible Study 11:00 Arthritis Class	The Senior Center is offering a few classes and activities. You MUST CALL and RESERVE your space for each program listed above! To reserve your spot, call Lisa Weston @ 919-731-1589 <i>See other side for Special Events!</i>	

Special Events for March 2021

SPECIAL EVENTS AND ADJUSTED ACTIVITIES FOR COVID

TITLE	DATE	TIME	DESCRIPTION
Food Bank	March 9, 2021	10:30am-11:30am	Application approval is required. Applications can be picked up at the Peggy Seegars Senior Center.
Covid19 Stress—A Virtual Event	March 15, 2021	12:30pm	Caregiver class geared to those who are caring for or have an interest in the geriatric population.
Wayne Community College Sewing Class	March 23-May 11, 2021	12:30pm-3:30pm	Students design and sew individual projects. For more information call Lisa Newkirk at 919-739-6931.
Operation Medicine Drop Drive Thru	March 24, 2021	10:00am-2:00pm	All Wayne County residents are invited. Bring all old prescriptions and non-prescription drugs to be properly destroyed. Please leave medications in their original containers with the name of the medication visible. You may mark out your personal information.
The Monitors in Concert	March 25	3:00pm-5:00pm	The Monitors concert will be held at The Maxwell Center. Preregistration is required as tickets are limited. Call 919-731-1589 for tickets. This Concert is sponsored by the Wayne County Arts Council.
WAGES Grab & Go Frozen Meals	Thursday's in March	10:30am-11:30am	Call Wages to register-919-580-1790.

See other side for Daily Activity Calendar!